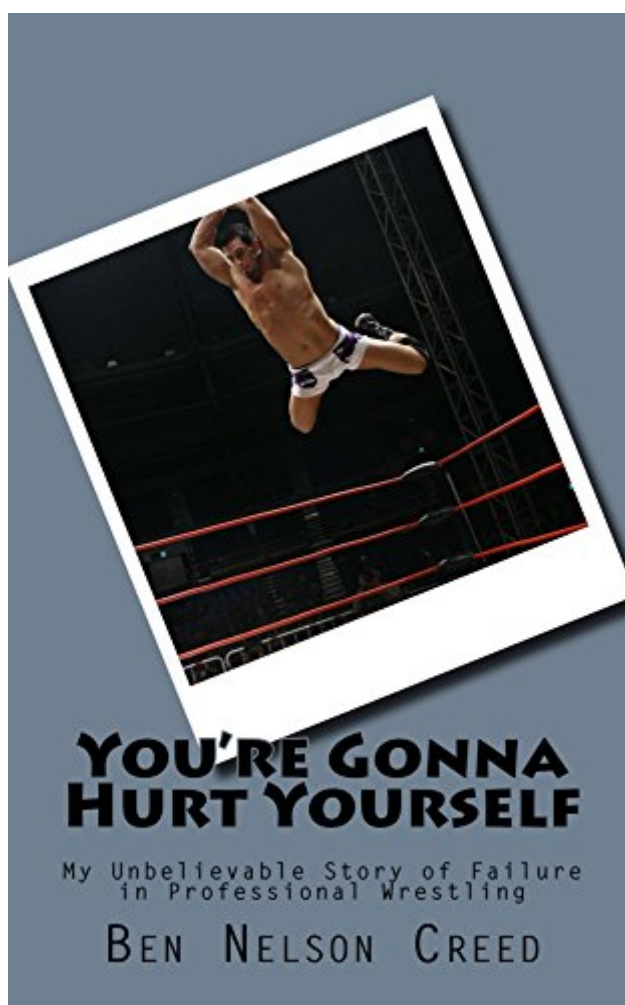


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# You're Gonna Hurt Yourself: My Unbelievable Story Of Failure In Pro Wrestling



## Synopsis

Before I became a professional wrestler, everyone told me "You're gonna hurt yourself." They were right. But it was worth it. This is the most entertaining, ridiculous book of professional wrestling stories you will ever read. The stories are raw, dirty, tragic, and hilarious. They show the life of a small-time professional wrestling fighting to live his dream. Forget what you see on TV or read about in WWE wrestling books; this is the reality for most professional wrestlers. You'll laugh, you might cry, and you'll probably wonder if this all happened. It did. And I somehow I lived to tell the tale.--

Ben Nelson Creed\* \* \* \* \* "The wrestling world is very different from most other aspects of life. Ben has encapsulated the likes of wrestlers, and other shenanigans, perfectly." Tyson Kidd "Any book with a Romeo Adams chapter I have to buy." Eric Young "Worst Doink Ever." Sinn Bodhi

## Book Information

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## Customer Reviews

As someone who spent nearly a year in The Hart Brother's wrestling school, I can attest to the truthfulness of Mr. Nelson's narrative. The bugged gym, pissy sweatpants, food runs, scamming local businesses, forced servitude in the guise of "paying your dues bro", Starr the dog, Dave

Stocker, and "turning around". It's all there and all true. If I have any critical critique it's that the author attended Ike's school before I did and what I witnessed may have been a bigger horror show as Joe had descended deeper into his pain killer haze. The stories told here may seem like tall tales but the truth is the section on Joe & CO. could easily have filled the entire book. I haven't laughed this hard since...well since I lived it. Crazy times that I would never take back. Thanks for immortalizing the experience. If you ever thought of getting into the wrestling business do yourself a favor and read this first. Not that it would necessarily dissuade you from trying, maybe just the opposite as you will see the fascinating parallel universe that really exists revolving around the squared circle.

From start to finish a fantastic read. Hilarious and full of heart. 5 stars and 2 very enthusiastic thumbs up.!

All in all pretty boring.

Great book highlighting the realities and craziness that happen as you are learning to be a professional wrestler. Funny, touching and unflinchingly honest, this book certainly lets you get into the mindset of Ben Nelson Creed as manoeuvres through the interesting locales and people that defined his early life as a pro wrestler.

I couldn't put this book down! Barnyard Ben's wildly entertaining tales of disappointment and triumph had me buried in this book from start to finish. Well written, crazy at times and hilarious throughout. A must read!

Wonderful read full of zany characters and glorious tales! Great book to just pick up and read an excerpt from on the job but be prepared for a longer than planned stay on the throne!

Really enjoyable read. I enjoyed "Bomber's" journey. I wish he would have given a few more details on his tryouts with the big promotions. The Animal Olympics - huh, I couldn't put down the reader. Absolutely hilarious stuff!

Fantastic read from start to finish. Ben Nelson gives a completely honest look into the life of professional wrestling.

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